

Free Downloads Exceed 10000 !

RealPsychSolutions.com Expands

More Pages Allow Better Focus

We have expanded the number of pages on the website to allow for better organization and more room to expand with new features and information.

Welcome to RPS Gives an overview of the site and an explanation of our approach of combining both self-help, coaching and counseling.

Coaching or Counseling? Links to two popular articles "How to Choose Between Self-Help, Coaching or Counseling," and "Practical Suggestions for Working with a Counselor or Coach." Also, we give links ("RPS Referral Services") to in-office and online counseling and coaching professionals and services.

Free Resources All of our Free Resources, which include articles, videos, etc. as well as our Newsletter and Comment feedback and our PSY PSEARCH engine. The PSY PSEARCH engine is a Google™ based search engine but it is only pointed at high quality sources so the results are very focused and useful. Both consumers and professionals will find this resource useful.

Other Resources A collection of other resources that the visitor may find useful, some free and some not.

Professional Resources We have collected several resources just for professionals (mental health, medical or wellness/lifestyle/executive coaches, etc.) on this page.

Store Portal Provides a path to our online Store, as well as contact information and Terms, Conditions and Acknowledgments.

About Us A little background plus our News and Press Releases.

Featured Authors Authors are welcome to join Arlene Unger, PhD as a "Featured Author" and gain even more exposure than just having Free Articles or for-sale items in our Store.

Marketing Services While we haven't added a page yet, we have added Real Psych Solutions Marketing Services to our toolkit. We can help edit/layout/design/publish/market your materials (books, flyers, newsletters, ads, etc.), design/maintain your website, or consult on marketing or business development issues.

RealPsychSolutions.com Grows

14,400 Visitors Download Over 10260 Free Articles in 15 Months

Our growth has been very steady with regular increases month over month (virtually "linear" if you are a geek!). We now have over 50 visitors a day—and growing—and our Free Resources pages see a lot of activity with visitors downloading an increasing number of articles. In fact, the average visitor now downloads 1.2 articles per visit (a year ago it was only 0.3 articles). Some of our "older" articles have been downloaded over 650 times!

The most satisfying part about this healthy growth is that it has been completely "organic." That means, we haven't resorted to any funny tricks. (We do run Ad-Words and Facebook programs, but they mostly point to our Store.) We do actively publish some of our articles on other, relevant websites and link back to ourselves, and we do actively seek partnerships of all types.

So, if you are in search of practical self-help materials from licensed/certified mental health professionals and wellness/lifestyle/executive coaches, please visit often! If you are a potential Author, please contact us to have your relevant materials listed for free.

Latest Free Articles

These Free Articles have been published since our last Newsletter in March '10:

- * Value Your Values! - They Drive Your Life (R. Broenen)
- * Why Are Women Attracted To Men Who Abuse Them? (B. Knight)
- * You Don't Need Hypnosis -- You Need Dehypnosis (B. Knight)
- * Boss Bullies: The Chain of Pain (A. Unger)



Please Take Our Survey!

Get a Coupon for 10% Off Any RPS Store Product Limited Time! See Survey for Code!

CLICK HERE TO TAKE THE RPS SURVEY

Please contact us at support@RealPsychSolutions.com or ph: 949-892-5465 with comments and suggestions. Thanks!
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